

## **HOW TO PLAY "HOT AND COLD"**

**Number of Players**: 2 or more people

## Equipment: a small object (or a prize) to hide.

Step 1. Choose one player to be the Hunter, and have them leave the room or move away from the group.

Step 2. Hide a small object or prize somewhere in the space where you are playing. Make the game easier by showing the Hunter what the object or prize is before sending them out of the room.

Step 3. Bring the Hunter back into the playing space, and have them look for the hidden object by moving around the area. Hide a piece of candy or a small toy that the Hunter can keep as a prize when they find the hidden object.

Step 4. Indicate to the Hunter that they are moving away from the hidden object by saying "**colder**". If they keep moving in the wrong direction, words that indicate degrees of cold, such as "**freezing**" or "**icy**".

Step 5. Tell the Hunter that they are getting closer to the hidden object by saying "hotter".

Step 6. Continue giving clues until the Hunter finds the hidden object. Keep playing the game until all of the players get a chance to hunt.



